



AMA NEWS LETTER



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From the President

Greetings and well wishes from AMA, under the dark shadows of the COVID-19 Pandemic!!

The onslaught of COVID-19 has led humankind into a new era, changing our lifestyle, but, in the reigns of all the darkness, the pandemic has also shown us the positive side of humanity forcing us to look at life in the collective and embrace the value of solidarity as key to defeating the virus. I cannot help but, recall, the words of Dr. Martin Luther King Jr. shared at his famous speech at the National Cathedral on March 31, 1968:

"...We are tied together in the single garment of destiny, caught in an inescapable network of mutuality and whatever affects one directly, affects all, indirectly. With this faith we will be able to hew out of the mountain of despair, the stone of hope..."

The Medical Fraternity being at the forefront of this fight is also bearing the brunt of it. The abrupt change in practice guidelines coupled with apprehension and fear for, our own and our patient's, safety has resulted in undue stress and tension which is, but natural! These are times that will push us to the limits of our resolve, like never before, but we must remember that AMA stands as one with all our frontline warriors and will always strive for the best interests of the medical community.

Embracing the ideals of solidarity and recognizing the challenges faced by the people of this country and our city, Prayagraj, in these trying times, AMA has been actively engaged in several charitable activities like donating lumpsum amounts in Prime Minister Cares Fund and Chief Minister's fund. We have donated the much needed 3 HFNO machines to The Principal MLN Medical College, for severely ill Patients.

In these difficult times it pains me immensely to see some members indulging in indecent behavior in the public forum by engaging in spreading rumors and baseless allegations lacking proof. Therefore I would like to remind all members of our responsibility as most respected citizens and as members of AMA that our posts on social media reflects our attitude and opinion which is openly accessible to all and available for being quoted by even non-medical groups. Let us not demean ourselves by using foul language and accusing each other on social media on assumptions alone, without any proof to substantiate your accusations.

Dear Members, as Eminent citizens and respected Doctors it is an earnest request to maintain decorum and to refrain from using indecent language that lowers the standard of the Medical fraternity as a whole. We must tread carefully keeping in mind the negative impacts and effects our harsh words/ posts and actions can have on others. The entire world is going through a very hard time and as human beings we need to be committed to each other. Therefore, I would request all members to kindly refrain from accusing Our Senior members whose dedication and sincerity towards the Association is immense, without any proof. Such acts are not only demeaning but also highly demoralizing and will be considered as grave indiscipline.

I wish you all the best. Stay safe, Stay healthy, Stay calm and most importantly STAY UNITED

Members are requested not to use 'AMA' while forming social media groups as it gives the impression of it being an official AMA group and causes unnecessary confusion amongst members.

Long Live AMA!!

Dr. Radharani Ghosh



From the Editor's Desk

Respected AMA members,

As we are aware of, the Covid epidemic is all that matters these days – especially for the health professionals. Life has changed for all of us – in some ways forever; quite understandably, the medical community is greatly stressed being in the forefront of the fight against the virus while serving the patients – at times at great risk to themselves and their staff.

This issue of newsletter brings to you some of the activities of AMA in the past few months. I am sure you will appreciate the collective efforts of the members highlighted in the newsletter.

Dr. Anil Shukla



From the Desk of President Elect

Dear Colleagues, Greetings

This pandemic has proven challenging for all of us, testing our patience, emotions, tolerance, just to mention a few. We must all come together to support each other for who else would understand the constant tug we all feel between our duty to serve our patients and the anxiety of contracting the disease ourselves or worse, infecting our families. Debate and disagreements are a healthy part of all democratic associations, including AMA. Active participation and meaningful suggestions will always be welcome and appreciated. Let us all rise to occasion and set our differences aside to participate in a discourse while maintaining the dignity and sanctity of our profession. Our goal is the same, to heal the needy, though the paths we take to achieve this goal may defer.

To all our doctors, practice with adequate precaution and make use of this time by taking up a hobby or activity your busy career had not permitted. Family time and simpler things in life can be great stress busters.

Lastly, kudos and salute to all our FRONT LINE COVID WORKERS at SRN Hospital.

Stay healthy, happy and safe.

Long live AMA



From the Desk of Hony. Secretary

Report of meeting of Executive Committee held on 22nd July, 2020

Several important issues were discussed at the executive committee meeting and following is a report on some important issues raised and decisions taken.

- In response to certain false allegations being raised on social media groups created in name of AMA, it was categorically stated that **NO member of executive or any member on any committee – permanent or temporary, has ever drawn any salary from AMA.** Members condemned the false and mischievous propaganda being spread by some members on social groups with intention of spoiling the reputation of its members by labeling false accusations. It was also pointed out that members of the executive committee are the first to get registered for AMA activities like CMEs and cultural events and **only those registered take part in the events.** This false propaganda was also condemned by members who insisted that strict action should be taken against members making false accusations.
- It was pointed out that the land where AMA Blood Bank is situated was built was donated by Sri.M.L.Ahuja largely due to the efforts of Dr.A.K.Ghosh who was President, AMA at that time.
- Several members noted that as per reports three parallel blood banks are going to start soon in the city and at least one will have members of AMA/ Nursing Home Association as active participants. It was felt this is likely to lead to conflict of interest. Active efforts are also being made to lure away staff from AMA Blood Bank with offers of increased salaries. **Several members expressed the fear that attempts are being made to sabotage AMA blood bank which is the pride of AMA and IMA UP State by vested interests.**
- Motion condemning false, abusive and malicious accusations on some social groups against elected members of executive committee was passed unanimously.
- Younger members led by the Scientific Secretary Dr.Ashutosh Gupta requested executive committee to protect elected members from malicious and politically motivated propaganda otherwise no one will agree to work for AMA in future.
- Dr. Ashutosh Gupta, Scientific Secretary informed in great detail efforts of AMA for fighting the pandemic. (Detailed report is given by Dr.Ashutosh Gupta in this newsletter)
- Dr. Yuganter Pandey informed about the financial position of AMA (Detailed report is given by Dr. Yuganter Pandey in this newsletter)
- The executive discussed in detail the letter issued to one of its members Dr.Ashok Tahiliani for leveling false and malicious charges against office bearers and took on record the letter written by Dr. Ashok Tahiliani. The matter was referred to the disciplinary committee for necessary action.

Dr. Rajesh Maurya

Report of Scientific Secretary Dr. Ashutosh Gupta

Regarding Covid Related Activities.



We started searching for a designated Covid centre, as and when COVID cases started rising in our city, about 2 months back with the help of Dr. Sujeet Singh, Dr. Neeraj Agrawal, Dr. J.V. Rai, Dr. Yuganter Pandey, Dr. Rajeev Singh, Dr. Siddharth Madnani and Dr. Rajeev Srivastava. Initially we thought for running hospital for L1 & L2 setup according to guidelines and discussions with authorities. We met with management of United Medicity and Narayani Ashram Hospital as they are situated outside dense population but management of both hospitals was very reluctant for Covid hospital.

We searched and visited many places around the city including Global Medicare Naini, Intermediate College, Nani, Private Homeopathic Medical College, Bamrauli, Nazareth Hospital, Engineering College, Bamrauli, Agricultural Institute Hospital, Naini, up coming para medical institute and hospital, but things did not materialize. We discussed with administration regarding setting up of Covid centre at AMACC, but this was ruled out by administration on the following grounds:

- It is situated in populated area, shares common boundaries with house belonging to sitting MP, Police Lines with VVIP Helipad, house of eminent criminal lawyer, hotel and shop, and is also situated near two busy hospitals.
- Road in front of AMACC is a National Highway and cannot be blocked as is often required for Covid hospitals.
- It has three large halls with one set of toilets on each floor only.
- Centrally Air conditioned so risk of infection transmission inside will be very high.
- AMACC was not built for the purpose of the hospital and it is not possible for it to be converted into the hospital which is a basic requirement for any Covid hospital.
- Administration insisted on creating L2 and L3 facilities in existing hospital with ICU setup and was not interested in proposal for setting up only L1 facility. They informed that Home Isolation is going to be allowed soon so only L1 facility was not feasible.

Dr. Ashok Agrawal, Dr. Radharani Ghosh, Dr. Neeraj Agrawal, Dr. Rajeev Singh, and Dr. Ashutosh Gupta held meeting with DM again regarding designated Covid centre for L1 facility, but authorities insisted on starting only L2 / L3 facility in Private sector. The human resource requirement, finances etc were discussed and calculated in a meeting with Dr. J.V. Rai, Dr. Avaneesh Saxena, Dr. Sujeet Singh, Dr. Niraj Agrawal, Dr. Rajeev Singh and Dr. Yuganter Pandey. It was found that approximate monthly expenses will come to around 40 to 50 lakhs per month including catering with food, lodging in same facility and salary for L1 Centre. Additional funds would be required for converting existing facility to Covid Centre as per government specified norms. The government policies also kept changing. Main constraint was arrangement of staffs, for which SMS was sent to all respected members of AMA for volunteers in proposed Covid centre (on payment) but very few responded.

However, in this context the latest news is that thanks to the intense efforts of many AMA members actively in the project, an L1, L2, Covid centre under AMA with special facilities for AMA members is likely to come up soon, providing the best possible care. Honourable members will be informed about it by SMS soon and details will be placed on AMA website.

CMEs:

- Several CMEs were arranged on Infection Prevention Control for COVID-19 in association with CMO Office for our respected members.
- An online evening CME on the topic of Asthma/COPD by Dr. Ashutosh Gupta and Dr. A.K Singh was held on 15 June at 6:00 pm. Topic was very well covered by both the Speaker.
- Doctor's Day was celebrated through online platform at AMACC on 1st July at 8:00 am. Our Corona warriors got felicitated on that auspicious day.
- Webinar on COVID-19 was arranged by AMA for its members on 1st July at 6:00 pm. Topic was very well covered by Prof. J.C. Suri Sir (Director JCS Institute of Pulmonary Critical Care and Sleep Medicine and Director Pulmonary Medicine, Fortis Hospital).
- Online evening CME on the topic of Vertigo management was held on 15 July at 6:00 pm. Lecture was very well covered by Dr. Gulab Soni, a famous neurologist of our city.

Dr. Ashutosh Gupta

Provisional report of Finance Secretary Dr.Yuganter Pandey presented before AMA Executive committee meeting held on 22nd July, 2020



- Dr.Yuganter Pandey informed the executive that AMA had taken one loan of 11 cores for construction of AMACC, out of which Rs 6,27,88291 is still remaining to be repaid. Other major payment which is still pending is about Rs 1.25 crore to be given to Chisel company for the AMACC work completion which includes additional work done at AMA Blood Bank. This will have to be paid as soon as they submit all the relevant bills and documents.
- AMA has FDs totaling Rs 78.83 lakhs mainly from the amount deposited by members as AMA CLUB membership fee, life membership fee and orations corpus funds.
- AMA has Rs 93 lacs in saving account in SBI and approximately Rs 1.12 crore in current accounts totaling Rs 2.05 crores in bank accounts.
- AMA has to pay approximately Rs. 21 lacs as EMI for the bank loan (every month).
- In the last financial year AMACC received Rs.43,36,897/= as rental charges and approximately Rs.26,88,100/= through contract done with the caterer. After deducting regular expenses (minus EMI which was paid by internal loan from AMA Blood Bank funds) AMACC earned profit of Rs. 22,15,335/=
- It is expected that the loan will be fully repaid by the year 2024.
- The fixed monthly expenditure of AMA is about Rs 42 lacs under the heads of staff salary, bank EMI (as above), energy bills, security charges, etc
- Till date we have not missed even a single EMI and even in these difficult Corona times, AMA is able to pay all dues.** However, AMA should not take any new responsibility. **The Finance Secretary brought to the notice of the house that as per reports three more blood banks are coming in our city very soon and one of them will be run directly or indirectly by Doctors who are also members of AMA/ Nursing Home Association. AMA should keep this fact in mind and be very vigilant in making future plans as these blood banks may have significant impact on AMA.**

Dr. Yuganter Pandey

Experience of Dr. S. Nazim, MD, As corona patient




Let me introduce myself...I am Dr. S.Nazim. MD Medicine from our MLN MEDICAL COLLEGE ALLAHABAD, retired from PMHS, Uttar Pradesh in April 2017, luckily at 60 years age from Colvin Hospital, Allahabad and later started medical practice in Allahabad mostly in Kareli area. After Covid pandemic declaration, I stopped practice for almost three months and later resumed it to few Diabetes and hypertension patients, some of them might have concealed the history of flu like illness.

It is my experience as Corona patient admitted on 6th July 2020 evening at SRN hospital Allahabad and discharged on 16th July 2020. Actually I started running moderate fever from 28 June 2020 night and after 5 days I developed cough. I called Dr D.K. Agarwal, renowned cardiologist and my senior who immediately advised CT Chest. I rushed to Kriti scanning where CT Chest revealed Covid like features following which Dr DK Agarwal referred me to SRN hospital urgently with one of his medical attendant. While on way to SRN, I got many telephonic calls from my medical colleagues juniors and seniors. First was from Dr.Anubha, Dr Sarita Bajaj and Dr. SP Misra. They immediately arranged my hospitalization directly in ward 2 and I was immediately given 4 liters of Oxygen. Subsequently, 10L of Oxygen was for five days in Ward 8 and withdrawn gradually. So big was the list of my calling doctor friends, that it is difficult to name them. My batchmates were equally concerned. Dr Sujeet Singh Surgeon, a loving junior friend of mine immediately informed Dr Mohit Jain and Dr.Ajit Chaurasia who reached at their earliest. Meanwhile my blood test and Covid samples were taken within 1 hour. After some stability I was shifted to Ward 8. Principal Dr S.P. Singh, Dr Arun Srivastav, and Dr.Shabi Ahmad HOD surgery also rang me up several times to encourage and assured their full support. Regular and constant monitoring was being done at their best. Some suggested that I rush to SGPGI but bed was not available there. I soon realized that here I was a VIP but outside Allahabad, I would just be a routine and common patient. Positive attitude of my attending doctors was excellent. Dr Mohit Jain, (although a plastic surgeon) is the Corona in charge at SRN and deserves special mention for his humble presentation and positive approach. Apart from the routine time of visit of consultants, the young residents had many extra hours of visits. Many used to visit past midnight. In their white glistening PPE kits, they used to appear like "FARISHTE" (devdoots) to our rescue. Their dedication was hard to believe. Meals with good quality food material were frequently served in most hygienic manner in unrestricted amount. Remarkable aspect of my stay was the level of cleanliness maintained at all times, making comparable to the best in private setup. I am now in my home with excellent recovery. All praises and thanks are for my ALLAH. But HIS "bande" deserve the appreciation very much. When I bow myself before my ALLAH, my heart and soul salutes these untiring, high risk taking colleagues from my medical fraternity. I am not able to name all of them here but it is due to their efforts that I was discharged on July 20. I shall never forget the love, care and affection I received while in the hospital.

Dr. S. Nazim

Equipment / Beds / Manpower

Corona OPD : 24 Hours	- 3 Resident (Including SR) - Thermal Scanner / Camera with laptop - SpO2, Pulse monitor	
Triage ; 24 Hours	- Resident of all department on emergency duty with respective consultants - Equipped with O2 monitors thermal scanner.	
Holding area : 24 Hours	High end monitor / Ventilators	
With PPE kit	2 Senior Consultants (Professor, Assistant Professor) 2 Residents on 8 hourly duty 2 Staff nurse on 8 hourly duty 1 Ward boy / on 8 hourly duty 2 Sweepers on 8 hourly duty	
40 Beds Corona ICU 24 Hours with PPE Kit	40 Ventilators / Monitors ABG / Portable X ray / USG / Glucometer, Electronic BP apparatus Machine / Infusion Pumps Central O2 / Suction 8 hourly duty / Consultant - Professor / Ass. Professor / Asst. Professor 4 Residents 1 Sister incharge on 8 hourly duty 4 Staff nurse on 8 hourly duty 2 Ward boy on 8 hourly duty 2 Sweepers on 8 hourly duty	
160 Beds Corona Wards 24 hours	Same as above with increase in paramedical staff.	

Flow chart for corona patient management in SRN

Screened at 2 Places			
For general patients and patient with mild symptoms		Triage area for symptomatic patients	
Screened for corona related symptoms, travel history		Sent to holding area of 24 beds	
Negative	Positive	Equipped with monitors and ventilators with central O2 / suction	
Sent to home	Sent to suspect ward	RT-PCR sent	
	RT-PCR test sent	Negative	Positive
	Negative	Sent to emergency medicine ward	Sent to corona ICU
	Admitted in general ward or sent home according to symptoms	Admitted in Corona Ward	Serious patients known positive / Referred from inside / L1 / Other districts
			Admitted to corona ICU / ward directly

Dr. Mohit Jain



OBITUARY

With heavy heart we inform you about the sad demise of the following

- Our Senior Member of Dr. S.P. Dwivedi on 11 July 2020.
- Father in-Law of Dr. Anurag Yadav on 20 July 2020.
- Our Senior Member Dr. Preeti Gupta (Wife of Prof. Dr. A.K. Gupta) on 22 July 2020.

24 Hour AMA Blood Bank Helpline Number: 80042956424

For advertisement in Newsletter Please Contact Editor or AMA Office

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